

William James College Guide to Local Food Resources

Roughly 30.5% of students reported that they were **forced to choose** between food and educational expenses at some point over the last year.
-Feeding America's 2014 Hunger in America report

Organizations Helping to Fight Food Insecurity on Campuses

- The **campus Kitchens project** partners with colleges and universities to share on-campus kitchen space, recover food from cafeterias, and engage students as volunteers who prepare and deliver meals to the community. www.campuskitchens.org
- The **college and university food Bank Alliance** (cufBA) is a professional organization that provides support, training, and resources for campus food banks and pantries that primarily serve students. www.cufba.org
- The **food recovery network** unites students on college campuses to fight food waste and hunger by recovering perishable food that would otherwise go to waste from their campuses and communities and donating it to people in need. www.foodrecoverynetwork.org



William James College recognizes that our students' academic success is often affected by challenges and stressors that occur outside of the classroom. This brochure was created to help connect students to the many food resources that are available within the community, whether you are local to Boston or are learning from a distance.

For additional information, please contact:

The Dean of Students | DeanofStudents@williamjames.edu

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WILLIAM JAMES COLLEGE

Food Resource Guide



Local Food Pantries

Allston/Brighton Food Pantry

www.abfoodpantry.com/index.php/food-pantry

Address: 404 Washington Street, Brighton, MA 02135

Food Pantry Hours: Saturday (2nd & 4th of each month), 10am-1pm Community Supper Hours: Wednesday, 6pm

Requirements: Please access requirements here <http://abfoodpantry.com/index.php/food-pantry/>

Phone: 617-254-4046

Centre St. Food Pantry

<http://www.centrestfoodpantry.org>

Address: 11 Homer St.

Food Pantry Hours: Tuesday's 4-7pm and Every 1st Saturday 11-1pm

Requirements: Please access application here <http://www.newtonma.gov/civicax/filebank/documents/76889>

Phone: (617) 340-9554

Hyde Park Emergency Food Pantry

www.hydeparkfoodpantry.org

Address: 1179 River St, Hyde Park, MA 02136

Food Pantry Hours: Tuesday, & Thursday, 9:30am-12:30pm Requirements: Photo ID; proof of residency.

Phone: (617) 637-7413

Newton Food Pantry

<http://www.newtonfoodpantry.org/>

Address: 1000 Commonwealth Ave.

Food Pantry Hours: Wednesday's 3-5pm and every 3rd Saturday 11am-12pm

Requirements: Please access application here <http://www.newtonma.gov/civicax/filebank/documents/76889>

Phone: (617) 928-6021

Not local to Boston?

Check out these resources to locate food support near you!

Choose My Plate:

Tips for shopping and preparing healthy meals on a budget

<https://www.choosemyplate.gov/budget>

Feeding America:

Find your local food bank

<http://www.feedingamerica.org/find-your-local-foodbank/>

Mass Emergency Food Assistance Program (MEFAP) Agencies By City/Town

http://gfbf.org/wp-content/uploads/2016/08/fbcma_agency_list_2015.pdf

MEFAP was established to ensure that citizens in need have access to a supply of quality food for the Commonwealth.

2-1-1

<http://www.211.org/services/food>

A resource that can connect you with local programs that can help.



Additional Food Resources

Fair Foods Inc.

http://www.fairfoods.org/index.php?page=dollar_bag.htm

Two Dollars a Bag: Our signature program provides large bags of mixed fresh produce for a suggested donation of two dollars. We operate Two Dollars a Bag five days a week, distributing food at over twenty sites in churches, schools, and public housing across Boston.

Fresh Truck

<http://www.freshtruck.org/schedule/>

They host a Weekly Market, a year-round mobile grocery store bringing healthy, affordable food to the same place, at the same time, every week.

Supplemental Nutrition Assistance Program (SNAP)

<https://www.fns.usda.gov/apd/snap-resources>

More residents of the Commonwealth have been purchasing nutritious food at neighborhood grocery stores by using the Supplemental Nutrition Assistance Program/SNAP (formerly the Food Stamps Program).

- **Project Bread**

www.gettingfoodstamps.org

An online resource to help answer your questions and determine SNAP eligibility.

Fruits and Veggies - More Matters

<https://www.fruitsandveggiesmorematters.org/30-ways-in-30-days-to-stretch-your-food-budget>

30 Ways in 30 Days to Stretch Your Food Budget